

# Key NS COVID-19 Resources

Developed by NSHA Public Health Central Zone (July 2020)



## GENERAL COVID-19 QUESTIONS

NSHA Public Health Central Zone - 7 days week, 8:30am-6pm  
902-481-5821 OR 1-800-430-9557 (option 9)

Email: [infomanagementCZ@nshealth.ca](mailto:infomanagementCZ@nshealth.ca)



[@PublicHealthCZ](https://twitter.com/PublicHealthCZ)



[@HBEG.PH](https://www.facebook.com/HBEG.PH)



http://

## KEY WEBSITES & RESOURCES

[novascotia.ca/coronavirus](http://novascotia.ca/coronavirus)

[www.canada.ca/covid19](http://www.canada.ca/covid19)



## NSHA MENTAL HEALTH & ADDICTIONS

[mha.nshealth.ca](http://mha.nshealth.ca)

24/7 Crisis Line: 1-888-429-8167

## RE-OPENING OF ECONOMY

[novascotia.ca/reopening-nova-scotia](http://novascotia.ca/reopening-nova-scotia)

Sector Specific Plans OR Questions?

Email: [nseconomy@novascotia.ca](mailto:nseconomy@novascotia.ca)

Re-opening information or business supports

Email: [busnavigation@novascotia.ca](mailto:busnavigation@novascotia.ca)



## WORKPLACE SAFETY

Nova Scotia Labour - Safety Branch

1-800-952-2687 OR Email: [laesafetybranch@novascotia.ca](mailto:laesafetybranch@novascotia.ca)



## RIGHTS & OBLIGATIONS AT WORK

Nova Scotia Labour Standards

1-888-315-0110 OR Email: [labourstandards@novascotia.ca](mailto:labourstandards@novascotia.ca)

*\*Information and supports available for COVID-19 change frequently. This is a list of commonly referred to COVID-19 resources as of July 2020. Additional resources and support may exist in the community.*



## **CROSSING THE BORDER/SELF ISOLATION**

Nova Scotia Department of Environment

902-424-0285

Email: [environmental.health@novascotia.ca](mailto:environmental.health@novascotia.ca)

Travel to/from New Brunswick: 506-457-4800



## **NON-COMPLIANCE CONCERNS**

**Halifax Regional Police Non-Emergency**

Specific Situation that Requires an Officer: 902-490-5020

General Compliance Inquiries: 902-490-5016

**RCMP**

1-800-803-7267 OR contact your local detachment



## **TENANTS/LANDLORDS**

Nova Scotia Tenancy Board

902-424-5200 OR 1-800-670-4357



## **COMMUNITY RESOURCES**

[www.ns.211.ca](http://www.ns.211.ca)

Call or Text 211



## **COMMUNITY WELLNESS PROGRAMS & SERVICES**

**Community Health Teams (Halifax area):** 1-844-460-4555

[www.communityhealthteams.ca](http://www.communityhealthteams.ca)

**Hants Health and Wellness Team:** 902-792-2052

[www.nshealth.ca/service-details/Hants%20Health%20and%20Wellness%20Team](http://www.nshealth.ca/service-details/Hants%20Health%20and%20Wellness%20Team)



## **COVID-19 TESTING/HEALTH INFO SUPPORT**

[811.novascotia.ca](http://811.novascotia.ca)

Call 811



## **COVID-19 RELATED DISCRIMINATION**

Nova Scotia Human Rights Commission

[humanrights.novascotia.ca](http://humanrights.novascotia.ca)



## **MUNICIPAL RESPONSE & SERVICE CHANGES**

**Halifax Regional Municipality**

[halifax.ca/coronavirus](http://halifax.ca/coronavirus) OR Call 311

**West Hants Regional Municipality**

[www.westhants.ca](http://www.westhants.ca) OR 902-798-8391